



	English	Physics	Chemistry	Biology	Mathematics	Computer Science	Informatics Practices	Physical Education	PSYCHOLOGY
March	The Last Lesson, My Mother at Sixty-six, The Third Level, Notice Writing	RAY OPTICS AND OPTICAL INSTRUMENTS	HALOALKANES AND HALOARENES	CHAPTER-1: SEXUAL REPRODUCTION IN FLOWERING PLANTS	Relations and Functions, Inverse trigonometric functions, Matrices	Evolution of networking, data communication concepts (components, bandwidth, IP, switching, transmission media), network types/devices/topologies/protocols, and web basics (WWW, URL, HTML, browsers, hosting).	Computer networks and types, network devices and topologies, internet concepts (URL, WWW, email), websites (static/dynamic), hosting and cookies, CBSE-based problem solving, and basics of NumPy in Python.	Unit I – Management of Sporting Events	Unit I Variations in Psychological Attributes The topics in this unit are: 1. Introduction 2. Individual Differences in Human Functioning 3. Assessment of Psychological Attributes 4. Intelligence 5. Psychometric Theories of Intelligence, Information Processing Theory: Planning, Attention-arousal and Simultaneous successive Model of Intelligence, Triarchic Theory of Intelligence; Theory of Multiple Intelligences.
April	Lost Spring, The Tiger King, Keeping Quiet, Deep Water, Formal/Informal Invitation and Reply, Article Writing	ELECTRIC CHARGES AND FIELDS ELECTROSTATIC POTENTIAL AND CAPACITANCE CURRENT ELECTRICITY	HALOALKANES AND HALOARENES ALCOHOLS, PHENOLS AND ETHERS	CHAPTER-2: HUMAN REPRODUCTION CHAPTER-3: REPRODUCTIVE HEALTH	Matrices, Determinants	Functions (types, user-defined, parameters, scope), exception handling (try-except-finally), and file handling (types, modes, paths, with statement).	Introduction to Python libraries (Pandas, Matplotlib) Series and DataFrames creation, operations on Series, indexing/slicing, and basic DataFrame operations (iteration, adding rows/columns).	Unit I – Management of Sporting Events (Contd.) Unit II – Children & Women in Sports	Unit I Variations in Psychological Attributes The topics in this unit are: 6. Individual Differences in Intelligence 7. Culture and Intelligence 8. Emotional Intelligence 9. Special Abilities: Aptitude: Nature and Measurement 10. Creativity Unit IV Psychological Disorders The topics in this unit are: 1. Introduction 2. Concepts of Abnormality and Psychological Disorders Historical Background 3. Classification of Psychological Disorders 4. Factors Underlying Abnormal Behaviour
May	Journey to the End of the Earth, The Rattrap, The Enemy, A Thing of Beauty	CURRENT ELECTRICITY MOVING CHARGES AND MAGNETISM	ALDEHYDES, KETONES AND CARBOXYLIC ACIDS	CHAPTER-4: PRINCIPLES OF INHERITANCE AND VARIATION CHAPTER-5: MOLECULAR BASIS OF INHERITANCE	Continuity and differentiability, Application of derivatives	Text file programs (read/write, seek/tell, data handling) and basic binary file operations (open modes, read/write, close).	DataFrame operations (select, delete, rename, indexing, boolean indexing, head/tail), revision, CSV import/export, and data visualization using Matplotlib.	Unit III – Yoga as preventive measure for lifestyle diseases Unit IV – Physical Education & Sports for CWSN	Unit IV Psychological Disorders The topics in this unit are: 5. Major Psychological Disorders Anxiety Disorders Obsessive-Compulsive and Related Disorders Trauma and Stressor-Related Disorders Somatic Symptom and Related Disorders Dissociative Disorders Depressive Disorder Bipolar and Related Disorders Schizophrenia Spectrum and Other Psychotic Disorders Neurodevelopmental Disorders Disruptive, Impulse-Control and Conduct Disorders Feeding and Eating Disorders Substance Related and Addictive Disorders
June	Indigo, Article Writing, Letters to the Editor	MAGNETISM AND MATTER ELECTROMAGNETIC INDUCTION	AMINES	CHAPTER-5: MOLECULAR BASIS OF INHERITANCE	Integrals	Binary files using pickle (dump/load, read/write/search/update) and CSV file handling (read/write using csv module) with programs.	Recap of Series, DataFrame and CSV, plotting (line, bar, histogram) with customization (labels, title, legend), and project topic discussion/allocation.	Unit IV – Physical Education & Sports for CWSN (Contd.)	Unit II Self and Personality The topics in this unit are: 1. Introduction 2. Self and Personality 3. Concept of Self 4. Cognitive and Behavioural aspects of Self 5. Culture and Self
August	On the Face of It, Poets and Pancakes, Aunt Jennifer's Tigers, Job Application	ALTERNATING CURRENT ELECTROMAGNETIC WAVES WAVE OPTICS DUAL NATURE OF RADIATION AND MATTER	SOLUTIONS ELECTROCHEMISTRY	CHAPTER-7: HUMAN HEALTH AND DISEASES CHAPTER-8: MICROBES IN HUMAN WELFARE CHAPTER-9: BIOTECHNOLOGY- PRINCIPLES AND PROCESSES	Integrals, Applications of integrals, Differential equations	Database basics (concepts and need), relational model (keys, attributes, tuples), SQL (DDL, DML, data types, constraints), and commands like create, alter, insert, delete, select with clauses and operators.	Revision of database concepts and SQL (Class XI), MySQL functions (math, text, date, aggregate), and data queries using GROUP BY, HAVING and ORDER BY.	Unit V – Sports & Nutrition Unit VI – Test & Measurement in Sports	Unit II Self and Personality The topics in this unit are: 6. Concept of Personality 7. Major Approaches to the Study of Personality Type Approaches Trait Approaches Psychodynamic Approach and Post Freudian Approaches Behavioural Approach Cultural Approach Humanistic Approach 8. Assessment of Personality Self-report Measures Projective Techniques Behavioural Analysis
September	Report Writing	DUAL NATURE OF RADIATION AND MATTER	CHEMICAL KINETICS REVISION FOR TERM-1	CHAPTER-10: BIOTECHNOLOGY AND ITS APPLICATIONS	Vectors	SQL queries using IN, BETWEEN, ORDER BY, NULL (IS NULL/IS NOT NULL), LIKE, UPDATE and DELETE, along with Term-1 revision.	Joins (Cartesian, Equi, Natural) and Term-1 revision.	Unit VI – Test & Measurement in Sports (Contd.) Unit VII – Physiology & Injuries in Sports	Unit III Meeting Life Challenges The topics in this unit are: 1. Introduction 2. Nature, Types and Sources of Stress 3. Effects of Stress on Psychological Functioning and Health Stress and Health General Adaptation Syndrome Stress and Immune System Lifestyle

October	The Interview, A Roadside Stand, Memories of Childhood, Going Places	ATOMS NUCLEI SEMICONDUCTOR ELECTRONICS; MATERIALS, DEVICES AND SIMPLE CIRCUITS	COORDINATION COMPOUNDS THE D- AND F- BLOCK ELEMENTS	CHAPTER- 11: ORGANISMS AND POPULATION CHAPTER- 12: ECOSYSTEM AND ECOLOGICAL PYRAMIDS CHAPTER- 13: BIODIVERSITY AND CONSERVATION	Three dimensional geometry, Probability, LPP	Aggregate functions (MAX, MIN, AVG, SUM, COUNT), GROUP BY and HAVING, joins (Cartesian, Equi, Natural), and Python-MySQL connectivity (CRUD operations, fetch methods) with project work.	Joins (Cartesian, Equi, Natural) continuation, digital footprint & etiquette, IPR and cyber laws, FOSS, cyber safety, project/record correction, and e-waste with health awareness.	Unit VIII – Biomechanics & Sports Unit IX – Psychology & Sports	Unit III Meeting Life Challenges The topics in this unit are: 4. Coping with Stress · Stress Management Techniques 5. Promoting Positive Health and Well-being · Life Skills · Positive Health Unit V Therapeutic Approaches The topics in this unit are: 1. Nature and Process of psychotherapy · Therapeutic relationship 2. Types of Therapies · Behaviour Therapy · Cognitive Therapy · Humanistic-Existential Therapy · Alternative Therapies · Factors contributing to healing in Psychotherapy · Ethics in Psychotherapy 3. Rehabilitation of the Mentally Ill
November	REVISION OF GRADE XII PORTION	REVISION OF GRADE XII PORTION	REVISION OF GRADE XII PORTION	REVISION OF GRADE XII PORTION	REVISION OF GRADE XII PORTION	Revision of Grade XI and Grade XII portions.	Revision of Grade XI (MySQL) and Grade XII topics (DataFrame/Series, Matplotlib, MySQL).	Unit X – Training in Sports	Unit VI Attitude and Social Cognition The topics in this unit are: 1. Introduction 2. Explaining Social Behaviour 3. Nature and Components of Attitudes 4. Attitude Formation and Change · Attitude Formation · Attitude Change · Attitude-Behaviour Relationship 5. Prejudice and Discrimination 6. Strategies for Handling Prejudice Unit VII Social Influence and Group Processes The topics in this unit are: 1. Introduction 2. Nature and Formation of Groups 3. Type of Groups 4. Influence of Group on Individual Behaviour · Social Loafing · Group Polarisation
December	PB-0	PB-1	PB-1	PB-1	PB-1	Pre-Baord -1 and Mock Practicals	Pre-Baord -1 and Mock Practicals		
January	PB-1	PB-2	PB-2	PB-2	PB-2	Pre-Board -2, Revision Board Practicals	Pre-Board -2, Revision Board Practicals	Pre-Board -2, Revision Board Practicals	Pre-Board -2, Revision Board Practicals
February	REVISION BOARD EXAMS	REVISION BOARD EXAMS	REVISION BOARD EXAMS	REVISION BOARD EXAMS	REVISION BOARD EXAMS	REVISION BOARD EXAMS	REVISION BOARD EXAMS	REVISION BOARD EXAMS	REVISION BOARD EXAMS
March	BOARD EXAMS	BOARD EXAMS	BOARD EXAMS	BOARD EXAMS	BOARD EXAMS	BOARD EXAMS	BOARD EXAMS	BOARD EXAMS	BOARD EXAMS