



**INDIAN SCHOOL SALALAH**  
**ACADEMIC YEAR 2024 – 25**  
**MONTHLY SYLLABUS OF CLASS XI- HUMANITIES**



MONTH	ENGLISH	ECONOMICS	PSYCHOLOGY	SOCIOLOGY	IP	PE
APRIL	The Portrait of a Lady A Photograph Note-making	Introduction-Statistics Collection of Data Collection of Data, Organisation of Data	Introduction to Psychology	Introducing Sociology Sociology and Society.	Orientation- Basic Computer Organizations, IPO -> input , output & storage units Hardware, Software, Memory - Primary and Secondary Data representation and Generation of Computers Introduction and benefits of Python Programming, Data types, variables, keywords, identifier	Meaning & importance of Wellness, Health, and Physical Fitness. Components/Dimensions of Wellness, Health, and Physical Fitness Traditional Sports & Regional Games for promoting wellness Leadership through Physical Activity and Sports Introduction to First Aid – PRICE Concept, Aims & Objectives of Physical Education Development of Physical Education in India – Post Independence
MAY	The Summer of the Beautiful White Horse We're Not Afraid to Die... if We Can ... The Laburnum Top Poster / Reading Comprehension	Organisation of Data Presentation of Data Presentation of Data Meaning of microeconomics and macroeconomics; positive and normative economics, Central problems of an economy: what, how and for whom to produce; concepts of production possibility frontier, opportunity cost.	Methods of Enquiry in Psychology	Terms, concepts and their use in Sociology	Operators, Assignment statement Revision of Previous topics and Conditional statements Simple programs with conditional statement, Iterative statements FOR LOOP and WHILE LOOP Programs based on iterative statements	Changing Trends in Sports- playing surface, wearable gear and sports equipment, technological advancements Career options in Physical Education Khelo-India Program and Fit – India Program Olympism – Concept and Olympics Values (Excellence, Friendship & Respect) Olympic Value Education – Joy of Effort, Fair Play, Respect for Others, Pursuit of Excellence, Balance Among Body, Will & Mind Ancient and Modern Olympics Olympics - Symbols, Motto, Flag, Oath, and Anthem Olympic Movement Structure - IOC, NOC, IFS, Other members Meaning and importance of Yoga Introduction to Astanga Yoga Yogic Kriyas (Shat Karma)
JULY	The Address Discovering Tut: the Saga Continues	Consumer's equilibrium - meaning of utility, marginal utility, law of diminishing marginal utility. conditions of consumer's equilibrium using marginal utility analysis.	Human Development	Understanding Social Institutions	Programs based on iterative statements with conditional statement Lists: list operations - creating, initializing, traversing and manipulating lists	Pranayama and its types. Active Lifestyle and stress management through Yoga Concept of Disability and Disorder Types of Disability, its causes & nature (Intellectual disability, Physical disability).
AUGUST	Speaking Assessment Classified Adv. Mother's Day The Voice of the Rain	Indifference curve analysis of consumer's equilibrium-the consumer's budget (budget set and budget line), preferences of the consumer (indifference curve, indifference map) and conditions of consumer's equilibrium. Demand, market demand, determinants of demand, demand schedule, demand curve and its slope, movement along and shifts in the demand curve; price elasticity of demand - factors affecting price elasticity of demand; measurement of price elasticity of demand – percentage-change method. Demand, market demand, determinants of demand, demand schedule, demand curve and its slope, movement along and shifts in the demand curve; price elasticity of demand - factors affecting price elasticity of demand; measurement of price elasticity of demand – percentage-change method and total expenditure method. measures of price elasticity of demand – percentage-change method and total expenditure method. Measures of Central Tendency.	Sensation, Attention and Perceptual Processes	Culture and Socialization Social Change and Social order in Rural and Urban Society	Built in functions.: len(), list(), append(), extend(), insert(), count(), find(), remove(), pop(),reverse(), sort(), sorted(), LIST continue... Dictionary: concept of key-value pair, creating, initializing, traversing, updating and deleting elements, dictionary methods and built-in functions: len(), dict(),keys(), values(), items(), get(), update(), clear(), del()	Disability Etiquette Aim and objectives of Adaptive Physical Education. Role of various professionals for children with special needs (Counselor, Occupational Therapist, Physiotherapist, Physical Education Teacher, Speech Therapist, and Special Educator Define Test, Measurements and Evaluation. Importance of Test, Measurements and Evaluation in Sports. Calculation of BMI, Waist – Hip Ratio, Skin fold measurement (3-site) Somato Types (Endomorphy, Mesomorphy & Ectomorphy) Measurements of health-related fitness Definition and importance of Anatomy and Physiology in Exercise and Sports. Functions of Skeletal System, Classification of Bones, and Types of Joints. Properties and Functions of Muscles.
SEPTEMBER	Speech REVISION with practice in Grammar	Measures of Central Tendency Revision (practical exam)	Learning	Social Change and Social order in Rural and Urban Society.Cont..... Revision	Revision of LIST and DICTIONARY+Practical Questions Revision of LIST and DICTIONARY+Practical Questions	4. Structure and Functions of Circulatory System and Heart. Structure and Functions of Respiratory System. REVISION
OCT.	Childhood The Adventure Reading Comprehension/Grammar Birth	Measures of Central Tendency Meaning of Production Function – Short-Run and Long-Run Total Product, Average Product and Marginal Product. Returns to a Factor Cost: Short run costs - total cost, total fixed cost, total variable cost; Average cost; Average fixed cost, average variable cost and marginal cost-meaning and their relationships Revenue - total, average and marginal revenue - meaning and their relationship. Producer's equilibrium-meaning and its conditions in terms of marginal revenue marginal cost.	Human Memory	Introducing Western Sociologists Introducing Western Sociologists.Cont...	Data Management: RDBMS, relations, attributes and tuples, keys, degree, cardinality DDL commands-CREATE, DROP DDL commands-ALTER (Add and Remove primary key, attribute). DML commands-INSERT, UPDATE, DELETE.	Definition and Importance of Kinesiology and Biomechanics in Sports. Principles of Biomechanics Kinetics and Kinematics in Sports Types of Body Movements - Flexion, Extension, Abduction, Adduction, Rotation, Circumduction, Supination & Pronation Axis and Planes – Concept and its application in body movements Definition & Importance of Psychology in Physical Education & Sports Developmental Characteristics at Different Stages of Development Adolescent Problems & their Management Team Cohesion and Sports Introduction to Psychological Attributes: Attention, Resilience, Mental Toughness
NOV.	Debate Silk Road Father to Son	Supply, market supply, determinants of supply, supply schedule, supply curve and its slope, movements along and shifts in supply curve, price elasticity of supply; measurement of price elasticity of supply - percentage-change method. Correlation – meaning and properties, scatter diagram; Measures of correlation - Karl Pearson's method (two variables ungrouped data) Correlation – meaning and properties, scatter diagram; Measures of correlation - Karl Pearson's method (two variables ungrouped data) Spearman's rank correlation (Non-Repeated Ranks and Repeated Ranks).	Thinking	Introducing Western Sociologists.Cont...  Indian Sociologists.	Data Query Commands-SELECT-FROM- WHERE, LIKE, between Data Query Commands-SELECT-FROM- BETWEEN, IN, NULL and NOT NULL PRACTICE OF -SELECT-FROM- WHERE, LIKE, BETWEEN, IN, ORDER BY	Concept and Principles of Sports Training Training Load : Over Load, Adaptation, and Recovery Warming-up & Limbering Down – Types, Method & Importance Concept of Skill, Technique, Tactics & Strategies Concept of Doping and its disadvantages REVISION
DEC.	The Tale of Melon City Note-making Practice Writing Tasks/Grammar Practice	uses of index numbers; Inflation and index numbers.	Motivation and Emotion	Indian Sociologists.Cont..... Project -Viva	Artificial Intelligence, Machine Learning, Natural Language Processing, Immersive, Artificial Intelligence, experience (AR, VR) Robotics, Big data and its characteristics, Internet of Things (IoT), Sensors, Smart cities, Cloud Computing Cloud Services (SaaS, IaaS, PaaS); Grid Computing, Block chain technology.	REVISION
JANUARY	Revision	Perfect competition - Features; Determination of market equilibrium and effects of shifts in demand and supply. (Short Run Only) Simple Applications of Demand and Supply: Price ceiling, Price floor Revision	REVISION	REVISION	Revision, record book, Practicals	REVISION
FEBRUARY	SECOND TERM EXAM	SECOND TERM EXAM	SECOND TERM EXAM	SECOND TERM EXAM	SECOND TERM EXAM	SECOND TERM EXAM
MARCH						