

Ref: BoD/CM/2018-19/26
26 August 2018

Dear Presidents / Principals,

Holistic education is one which produces all round growth of children, including the healthy development of their mind, emotions and psyche. In a significant move aimed at ensuring a stress-free academic environment, the Board of Directors of Indian Schools in Oman has launched a round-the-clock tele-counselling service named "Here4U", exclusively for the students of all 20 Indian Schools across the Sultanate. The hotline counselling service, developed in response to the rising emotional and psychological challenges prevalent in society, reflects the Board's focus on ensuring the dignity and diversity of all students.



**The number for this dedicated service is
90990444**

The name & logo of the initiative represents the solace a child in despair gets from the patient hearing by the counsellor who assures, 'Here, for you – let's talk.'

The initiative strives to offer free, confidential and non-judgmental support to students in despair due to personal or academic concerns. A team of qualified counsellors with expertise in tele-counselling has been put in charge of promoting and protecting the wellbeing of every student who makes a call for advice and help.

The Board is hopeful that this initiative will be a source of consolation and comfort to the students who are under stress and feel that they have no one to rely on in times of desperation.


Dr. Baby Sam Saamuel
Chairman – Board of Directors

